

Panda Express Gluten Free Menu

This is a simple list of gluten-free options at Panda Express. Panda Express does not offer certified gluten-free meals, and cross-contact may occur due to shared cooking equipment.

Category	Item	Notes
Sides	Steamed White Rice	Naturally gluten-free
Sides	Steamed Brown Rice	Naturally gluten-free
Sides	Super Greens	Vegetable mix, gluten-free
Sauces	Sweet & Sour Sauce	Gluten-free condiment
Sauces	Chili Sauce	Gluten-free condiment
Sauces	Hot Mustard	Gluten-free condiment
Sauces	Plum Sauce	Gluten-free condiment
Drinks	All Fountain Soft Drinks	Gluten-free
Drinks	Water	Gluten-free
Drinks	Tea & Juice Options	Gluten-free
Snacks	Tree Top Apple Crisps	Gluten-free snack